



YUBA CITY RACQUET &  
HEALTH CLUB

# YOUTH FITNESS

## *Youth Volleyball Clinic 2020*

**Age:** 9 to 18

**Days:** Every Tuesday

**Times:** Ages 9 to 13, 4:15pm-5:15pm  
Ages 14 to 18, 5:15pm-6:15pm

**Cost:** Member \$59 per month or Charter School \$79

**Description:** In this volleyball clinic children will learn all the fundamentals it takes to play. For example: formation of passing, setting, hitting, serving and workouts provided to increase stamina and muscle endurance, as well as basic rotation.

NO skill or knowledge required!

With instructor/trainer Desirae Kreiter

**ADDITIONAL INFO:** Classes are non refundable and non transferable. Revolving billing is MTM, 30 day expiration and a written 30 day notice to cancel is required. There are no make up sessions. For more details contact Erika at: erika@ycrc.com

**Please sign waiver on back of registration form**

### YOUTH VOLLEYBALL CLINIC REGISTRATION FORM 2020

Participant Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date: \_\_\_\_\_

Guardians Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Please List Charter School Name If Applicable: \_\_\_\_\_

**COST:** Members: \$59 per month Charter School: \$79 per month

Revolving Billing Signature (members only): \_\_\_\_\_ Date: \_\_\_\_\_

Check # \_\_\_\_\_ or If you wish to use a credit card \_\_\_\_\_ or cash \_\_\_\_\_ please indicate and take your registration form to the Front Desk to complete your transaction.

#### WAIVER OF LIABILITY

The undersigned recognizes that the use of the equipment and facilities of the Yuba City Racquet and Health Club involves a risk of physical injury including that caused by the negligence of himself/herself or The Yuba City Racquet and Health Club, its agents and employees. The undersigned hereby agrees to assume the risk of injury in its entirety regardless of the cause.

The undersigned hereby voluntarily and forever releases, discharges, waives and relinquishes any and all actions, causes of action, or claims or personal injury, property damage or wrongful death occurring to himself/herself, against the Yuba City Racquet and Health Club, its agents and employees arising out of his/her use of the facilities. The undersigned further relinquishes any action, causes of action, or claims which may hereafter arise, and agrees that under no circumstances will he/she present any claim for personal injury, property damage or wrongful death against the Yuba City Racquet and Health Club, its agents and employees, arising out of his/her use of the facilities.

The undersigned agrees that in the event of any claim for personal injury, property damage or wrongful death to the undersigned is prosecuted against the Yuba City Racquet and Health Club, its agents and employees, he/she shall indemnify and save harmless the same Yuba City Racquet and Health Club from any and all such claims and causes of action.

IT IS THE INTENTION OF THE UNDERSIGNED, BY THIS INSTRUMENT, TO EXEMPT AND RELIEVE THE YUBA CITY RACQUET AND HEALTH CLUB, ITS AGENTS AND EMPLOYEES FROM LIABILITY FOR PERSONAL INJURY, PROPERTY DAMAGE OR WRONGFUL DEATH CAUSED BY ITS NEGLIGENCE.

(signature of Legal Guardian is required if guest is under 18 years old)

PRINT NAME: \_\_\_\_\_ SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

PRINT NAME: \_\_\_\_\_ SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

PRINT NAME: \_\_\_\_\_ SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_